

# WELCOME!



---

**Ryan Zabawa, LPS Director of Student Services**

**Andrea Phillips, LPS Mental Health Coordinator**

**Allyson Headrick, LPS Safety Social Work Coordinator**

# Mental Health Supports

---

Summary of Mental Health Supports funded:

- Threat Assessment
- School-Based Mental Health Therapy

NOTE: The interlocal agreement funds a portion of the mental health support LPS provides which is what we will cover today.

# Threat Assessment Team

---

Security Coordinator - Sarah Balcom

Safety Social Work Coordinator - Allyson Headrick

Safety Social Worker- Kristi Lange

Lincoln Police Department - Investigator Nate Hill

Violence Prevention Psychotherapist-Liesel Hogan

Director of Security -Joe Wright

# Threat Assessment Team

---

- Primary function: assess and manage targeted violence risk
- Help students and families to maintain community safety
- Support students, families, and school staff:
  - Creating safety plans
  - Engaging families in services
  - Aligning school supports
  - Continuity of care
- Partnership with Lincoln Police Department
- Aligned with national standards on targeted violence management
- Value professional networking and professional development

# Referrals to the Threat Team

- ✓ Select Incident Type
  - Abuse/Neglect
  - Domestic Violence
  - Mental Health Crisis Response
  - Other Incidents
  - Self Harm/Injury
  - Sexual Offending Concern
  - Stalking
  - Suicide Risk
  - Suspension/Expulsion Report
  - Violence Risk Concern

- The majority of the referrals are initiated by the schools directly to the team.
- The team triages a variety of safety concerns.
- We provide district wide support for safety planning.
- A multidisciplinary team threat assessment process engaged for violence risk concerns.



**Safe to Say**  
Report a Safety Concern or Tip



**Safe2Help Nebraska - 833-980-7233**  
Safe2Help, Nebraska, United States  
531-299-7233 | [www.safe2helpne.org](http://www.safe2helpne.org)

# Safe to Say

# Safe2Help

- **Non-Emergency Safety Concern or Tip**
- Collaboration with Student Services and Security Departments.
- Students, parents/guardians, staff or community members
- Anonymous reporting available.
- On all student chromebooks and on LPS homepage

# Allyson Headrick & Kristi Lange

---

- Safety Social Workers:
  - home-school-community connection
  - monitoring risk and needs overtime
  - safety planning
- Coordination of mental health services and maintain community partnerships
- Assist with continuity of care for students with behaviors of concern to arrange preventative plans of support.
- Provide professional learning and grant coordination to build system capacity to support students.

# Threat Assessment Team Behavioral Health Support

Violence Prevention  
Psychotherapist

- Specialization in violence prevention and management of targeted violence.
- Eliminate barriers for behavioral health supports for students.
- Alignment of therapeutic practices with multi tiered systems of support.
- Consultation, crisis intervention, social skills training, psychoeducational and therapeutic intervention.
- *Supported all students at Student Support Program during 24-25 School Year.*

# Threat Assessment Team

---

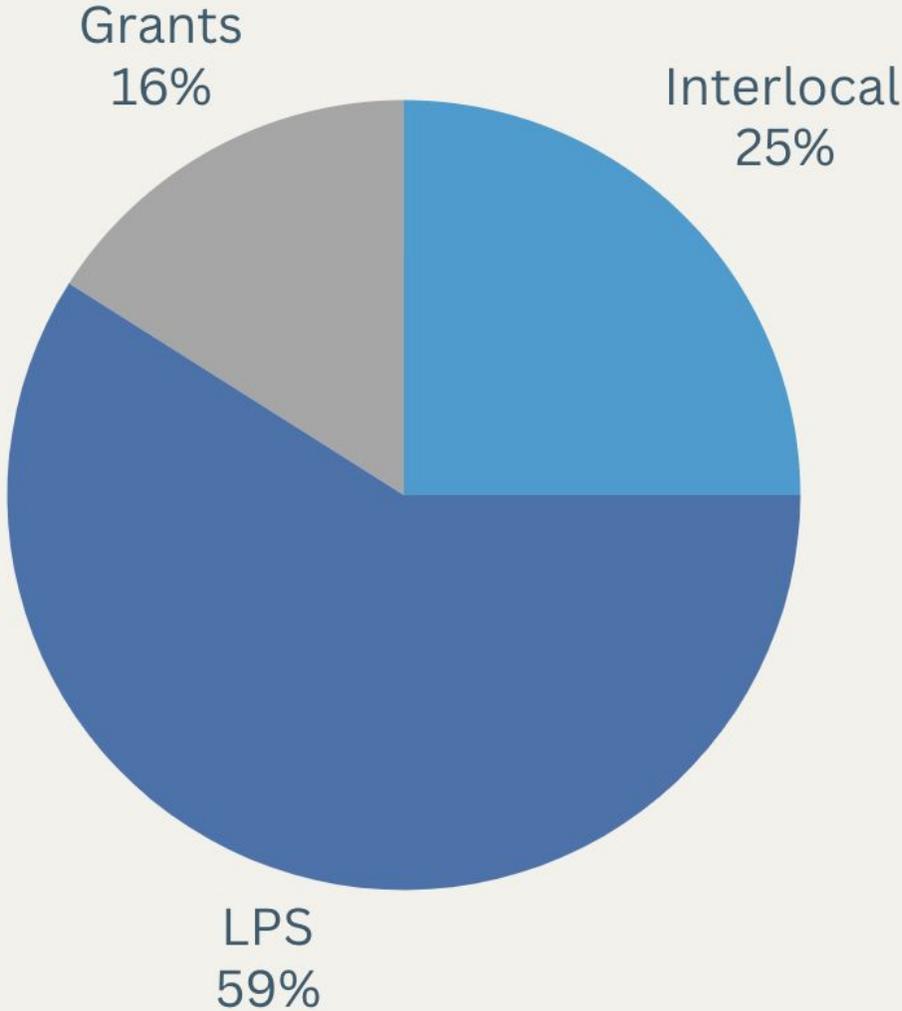
- Number of contacts following a referral varies depending on the needs of the situation:
  - Weekly therapy
  - School consultation
  - Follow up safety plan meeting
  - Phone calls home/student contact in building
  - Engagement of service providers
  - Re-entry meetings
  - Family team meetings
  - Home visits



# LPS - Community Agency Therapists' Collaboration

# CONTRACTED THERAPY

x x x x x x  
x x x x x x  
x x x x x x  
x x x x x x



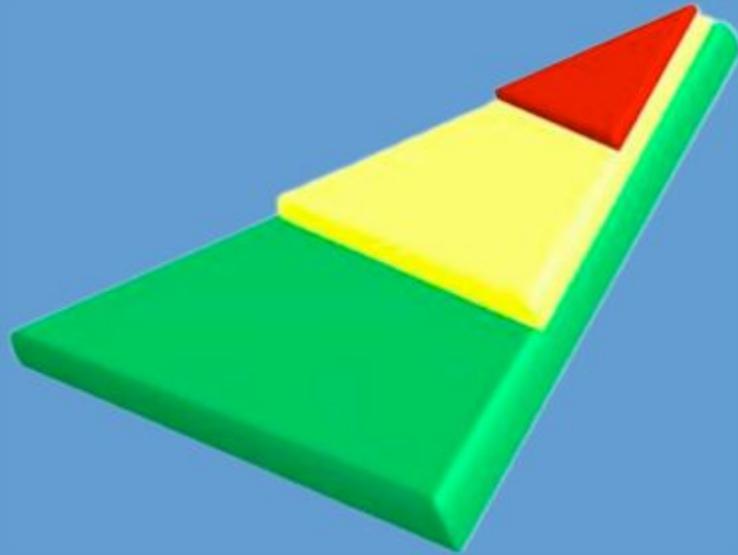
x x x x x x  
x x x x x x  
x x x x x x

# Candidates for School-Based Therapy

---

- Significant life stressor(s)
- Disruption in multiple life domains due to stressor(s)
- Mental health symptoms
- Lower level interventions have been tried
- Barriers to participation outside of school
- Willing to participate

# Therapy is part of Tiered Support



## School-Based Therapy

- Therapists work with students during their school day
- Social workers use data to manage referrals
- We integrate community mental health supports within MTSS-B tiers
  - Tier one (for everyone)
  - Tier two (skill building)
  - Tier three (individualized)
- Mental health support positively impacts behavior

# Blue Valley Behavioral Health

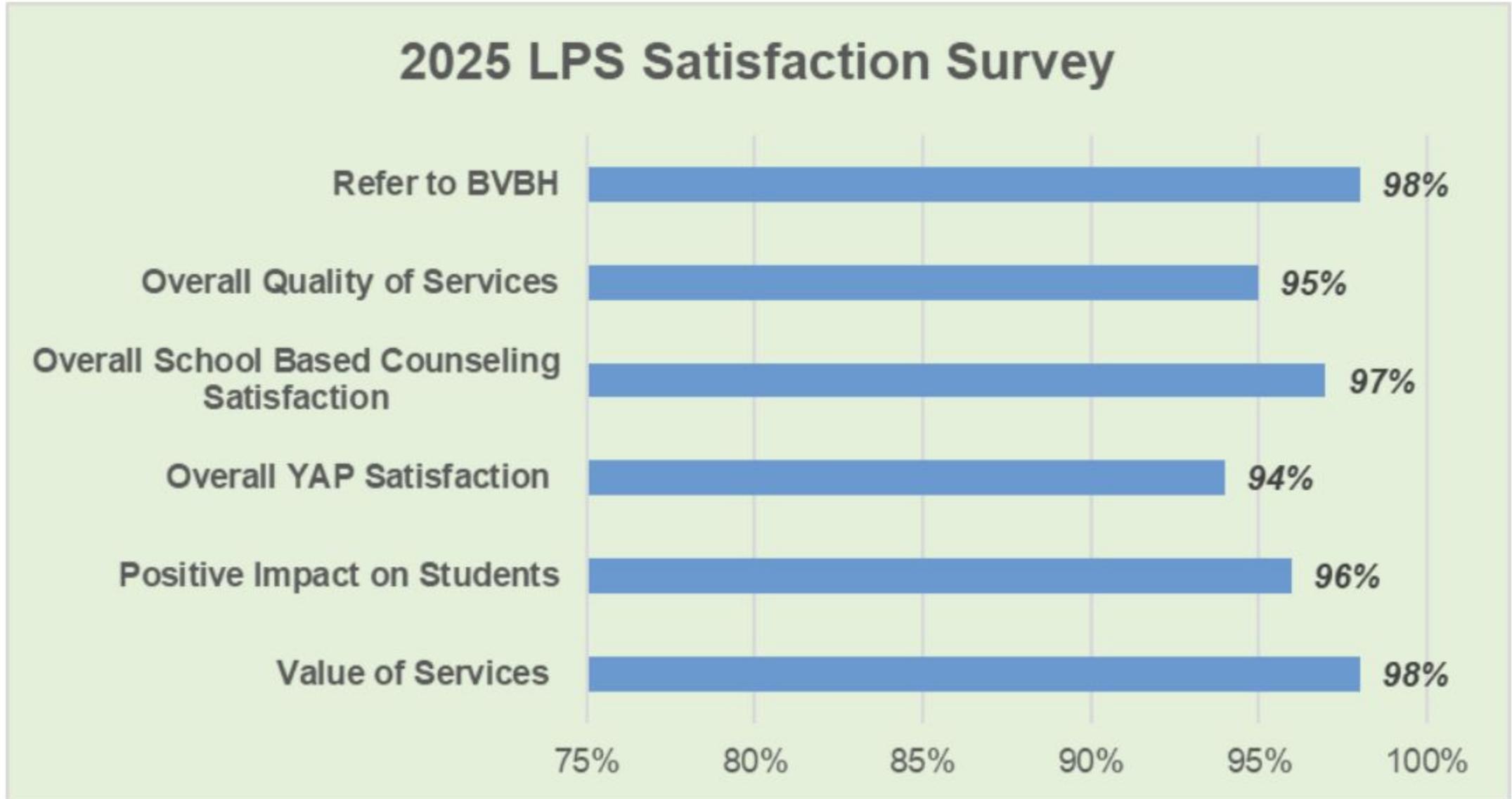
---

## Youth Assistance Program

- Short term therapy
- 20 schools served
  - 210 students



# Blue Valley Survey



# Family Service

---

- Therapy at Arnold, Brownell, Calvert, Norwood Park, Randolph and West Lincoln
- 76 Students served
  - 1,231 direct individual hours
  - 557 indirect hours
- 37 Family Sessions
- 82% successful closure rate



# HopeSpoke

---

- Therapy at Lux, Goodrich, Pershing and Lakeview Schools
- 33 youth served
- 649 total services provided
- 63.6% of youth demonstrated the same or improved daily living (DLA-20 outcome measures)



Inspiring Children & Families to Move Forward

## Students Served Through Interlocal

	Blue Valley	Threat Assessment Psychotherapist	Family Service	HopeSpoke	Students Served
24-25	242	15*	76	33	366
23-24	244	16	90	35	385
22-23	216	19	82	33	350
21-22	240	16	106	34	396
20-21	230	15	143	34	422
19-20	143	28	95	30	296
18-19	165	17	45	27	254

# Community Partner Agency

## Staff Quotes

- It is extremely helpful for students that don't have the resources to go to counseling outside of the school day.
- I like the convenience of having it on site and being able to tie strategies to a school setting.
- Would love to have our therapist more days!
- Improved grades and attendance, improved relationships with parents
- Another positive connection to the building and timely support

# Thank you for all you do to support students!

---

**Ryan Zabawa, Director of Student Services**  
**Andrea Phillips, Mental Health Coordinator**  
**Allyson Headrick, Safety Social Work Coordinator**